

Wachusett Views

Worcester Chapter Appalachian Mountain Club



Winter 2017

A close-up view of our chapter's vibrancy and dedication.

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Midstate Trail	Kim Simpson
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Technical Climbing	John Grote
Third Wednesday	Fred Mezynski
Trails	Stephen Crowe
Young Members	Christina Ferretti
At- Large 100 th Anniversary	Steve Ciras

A Welcome to Winter 2017!

Letter from the Chair

With this newsletter we mark a change to new editors. In November, Nancy Cahn turned over the considerable responsibility to Alexandra and Zenya Molnar, and we welcome them in their first newsletter and thank Nancy as well for all her great work over several years.

Alexandra and Zenya have some interesting ideas to roll out, and I am sure they would welcome your input — be in touch!

newsletter@amcworchester.org

In this issue we have a cub reporter on the beat, with Joe Massery writing about the recent winter “icecapade” on top of Mt. Monadnock. We are looking for other volunteer reporters to share their tale of a chapter activity, with their photos, and certainly thank Joe for getting us going!

This newsletter is filled with what makes our chapter interesting—not only our people, but our energy and our shared commitment to getting outdoors, continuing to educate ourselves and others on safety and skills, and of course our shared values in conservation.

Thanks to Pat Lambert, Paul Dale, and Pete Lane for their conservation related articles and to all our contributors.

Keep warm and have fun!

Dave Cole
Worcester Chapter Chair

AMC Worcester Chapter
amcworchester.org
Appalachian Mountain Club
5 Joy Street
Boston, MA 02108



You are invited to the Party of the Century!

Next year will be the 100th anniversary of the Worcester Chapter. A planning committee is actively planning a yearlong series of events. The kick off will be at our annual meeting in November, 2017. We have been researching the archives and plan to celebrate past events such as hiking trails that were developed by the Worcester Chapter both locally and in the White Mountains. We will showcase accomplishments of our endowment committee by having special trips to places in which we have invested such as the Maine Woods, Madison Hut, and Wachusett Mountain. You will have the opportunity to read about our history and win swag by “bagging” anniversary events. Finally, we plan to have a gala weekend to be held locally which will include activities from all committees, food, entertainment, and celebrity appearances. The event will be low cost and offer overnight accommodations, providing an opportunity to take part in the celebration and network with fellow members!

If you would like to help out in planning the events, we are looking for someone to help coordinate marketing activities. The committee is very team oriented so you would not be on your own. If you are interested, contact Steve Ciras at worcamchiking@yahoo.com.

Plan to participate! It will be a year to be remembered for another century!

Recognition of our Chapter Volunteers - Fall and Winter 2016-17

Please extend hearty congratulations to these Worcester Chapter **Volunteers of the Month (VOM) and Year**.

Volunteers of the Month

Here are the Volunteers of the Month selected since the last edition of *Wachusett Views*. VOMs are nominated by Worcester Chapter leaders and then chosen by a random drawing at each month's Executive Committee meeting.

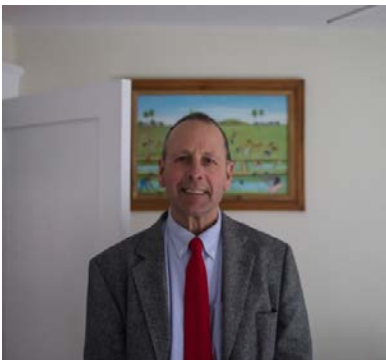
July: Jeff Nutting, for helping with the Annual Meeting.

August: Walt Lazarz, for helping with the Winter Hiking and Backpacking workshops, the 2016 backpacking program, and the Annual Picnic. Also for helping to lead the Winter Weekend and Osceolas trips.

September: Pat Fanjoy, for helping with the Annual Picnic.

October: Verne Hebard, for trail maintenance on the Pine Hill Trail at Wachusett.

November: Malcolm Beauvais, for maintenance work on Stratton Pond Shelter, and trail work on the Pine Hill Trail.



Malcolm Beauvais



Pat Fanjoy



Jeff Nutting

Volunteer of the Year

Our 2016 **Volunteer of the Year**, selected by drawing from 2016 VOM winners, is **Walt Lazarz!** Walt was nominated for Volunteer of the Month by ten people over the course of the year. He was recognized and nominated for his many contributions over the course of 2016, including: supporting workshops and other Chapter events; leadership and mentoring; activity planning, and more. Walt is a true Worcester Chapter volunteer rock star.



Nominate a Volunteer

Chapter members can nominate volunteers by sending an email to Joe Massery at ViceChair@AmcWorcester.org. The nomination should include the nominee's name, reason for the recognition, and name of the nominator. Nominees must be an AMC member, not a member of the current Executive Committee, and may serve in any volunteer capacity that benefits the Worcester Chapter.

This article is one of a series on Worcester Chapter outdoor activities, as told by an on-the-scene "reporter" who was one of the participants.

On the Scene: Explore Your Inner Winter Hiker on Mount Monadnock

By Joe Massery, Vice Chair, Worcester Chapter

The participants on this hike might have considered it their mid-term exam for the "Explore Your Inner Winter Hiker" program. They had completed their classroom-style instruction and hands-on gear inspections at the Workshop last November, as well as their gear shakedowns and their first "easy" winter hikes. Now it's Mount Monadnock. At 3165 feet, it's not the highest mountain around. But with the summit's steep and rocky final ascent, mostly above tree-line, it's a challenge in winter, especially after the snow-thaw-refreeze cycles the region has experienced lately.

As the hikers trickle into the park headquarters parking lot around eight in the morning, temps are in the single digits. The forecast is for winds at elevation, but there's barely a whisper of a breeze here. The mere few inches of recent snow are well-packed on the lower trails—there will probably be no snowshoeing today. But the leaders ask that we all carry our snowshoes, just in case we need them and for the experience of packing and carrying them. Some of the neophytes have found novel ways to attach them to their packs: twist-ties, bungee cords, some just dangling from a clip! The leaders patiently demonstrate more secure and comfortable options.

After a check that everyone has all required gear, proper clothing, and enough food and water, the leaders split the group into three teams of eight and head up the Parker Trail, spacing our departure times by fifteen minutes to avoid trail congestion. Each team has two experienced Worcester Chapter winter hiking leaders. There will be plenty of "teachable moments" as we head up the trail. En route, leaders look for any signs of difficulty and for opportunities to point out special considerations. "You may not feel thirsty, but you need to stay hydrated." "If you're starting to sweat, you might want to delayer." "On steep or icy sections, leave plenty of space between hikers."



View from Cliff Walk [Photo by Juliana V.]

For the first ninety minutes or so, we weave our way across to the White Arrow Trail. The winds have picked up, and the trail is getting steeper, rockier, and icier. The leaders decide it's time for

us to swap our micro-spikes for more aggressive crampons. Just about everyone had practiced strapping on their crampons ... in the warm, cozy comfort of home. It's a little more complicated on the trail, in below-zero wind chill, with gloves on, and while thinking everyone's eyes are on you!



Our best view of the valley from just below the summit [Photo by Rick R.]

But in no time, we are back on our feet heading toward the summit. The timing of our traction swap-out was perfect. Around the corner, the trail transitions from packed snow to icy snow to crunchy ice to two-inch-thick ice on rocks. Out of the protection of the trees, we're buffeted by wind gusts of 25 mph or more. The temperature has dipped into single digits, and it's snowing. Everyone has layered up and most have donned 'clavas or other face protection; some are wearing goggles. The going slows, but the team is making steady progress up the fully exposed rocky path toward the summit.

And then we run out of "up." We've reached the summit. We did it! Visibility isn't great, but we start exploring the summit dome. Looking back down the trail, we can still make out the last quarter-mile of our ascent trail. What a sense of accomplishment – there are lots of high-fives and other non-verbal talking goin' on. We can see a smile in each other's eyes. We're experiencing that hiker's high—for most of us, it's the reason we do this. It doesn't get much better than this!

Too cold for lunch on the summit, even in the limited shelter of the small rock grotto next to the brass summit marker. So we head back down. We take White Dot, a more direct route than was our ascent, but steeper in spots. Good chance to practice some butt-sliding ... on purpose sometimes.

More smiles and high-fives as we reach our cars. Mission accomplished: we're back safely, we reached our summit, and above all, we had a ton of fun! Folks hit the road, wanting to beat the worst of the snow that is now falling steadily. A few of us stopped on the way at the Hometown Diner in Rindge for a bowl of their terrific hot soup. Good opportunity to relive the highlights of the hike ... and start talking about the next one on the calendar!

[A special shout-out to Debi Garlick who organized and orchestrated the trip, and to my fellow leaders and co-leaders: Pat Flanagan, Paul Glazebrook, Denise Guillemette, Walt Lazarz, and Jose Schroen.]



Summit ascent on White Arrow [Photo by Tom C.]; two of our trip leaders, Denise and Pat [Photo by Kim D.]





Icy descent down White Dot [Photo by Kim D.]

5th in a series of articles highlighting initiatives supported by the Chapter's Endowment Fund.

On the Road with the Endowment Chair

By Pat Lambert, Endowment Chair



Pat operating the grip hoist on Wachusett Mountain (photo courtesy of Claude Guerlain)

In the late 1990s, the Pine Hill Trail at Wachusett Mountain had eroded tremendously. As both the most accessible and shortest foot path to the summit, it was worn down over the years by hikers eager to ascend and descend the mountain quickly. The Massachusetts Department of Conservation and Recreation (DCR) faced a choice – either close the trail or rebuild it as a rock-based trail to prevent continued erosion.

Building a rock-based trail takes time, money and a whole lot of truly hard labor. The DCR was able to fund the Pine Hill Trail Reconstruction Project for two years before funding was eliminated. However, the project was far from being completed, so the potential for closing the trail once again loomed.

Other groups stepped in to help the project continue. Per a November 13, 2005 Worcester Telegram & Gazette article by Roger Leo, the groups included the Worcester Chapter of the AMC, the AMC Professional Crew, and the Student Conservation Association. Of these three groups, the Worcester Chapter of the AMC has had the most staying power completely due to the dedication of Steve Crowe, our Chapter's Trails Chair.

Over the years, Steve has submitted requests to the Endowment Committee to help fund this ongoing project. Funds have been used to purchase equipment and tools required to do the trail work and to bring in the AMC Professional Crew periodically.

Step by step, the trail has shaped up. Last fall, as I hiked down from the summit, Steve and his crew of volunteers were closing in on completing the upper section of the trail. Even when the Reconstruction Project ends, there will still be a need to maintain the trail, as trails do not maintain themselves.

As a Chapter, we have supported this trail with both Endowment funds and countless hours of sweat equity. Consider helping out and joining Steve on his trail work weekends this year. It does a body good! Plus, you can say “I helped put in THAT step!”

If you want to join me on my next “On the Road with the Endowment Chair” adventure, please contact me at plambert119@yahoo.com.

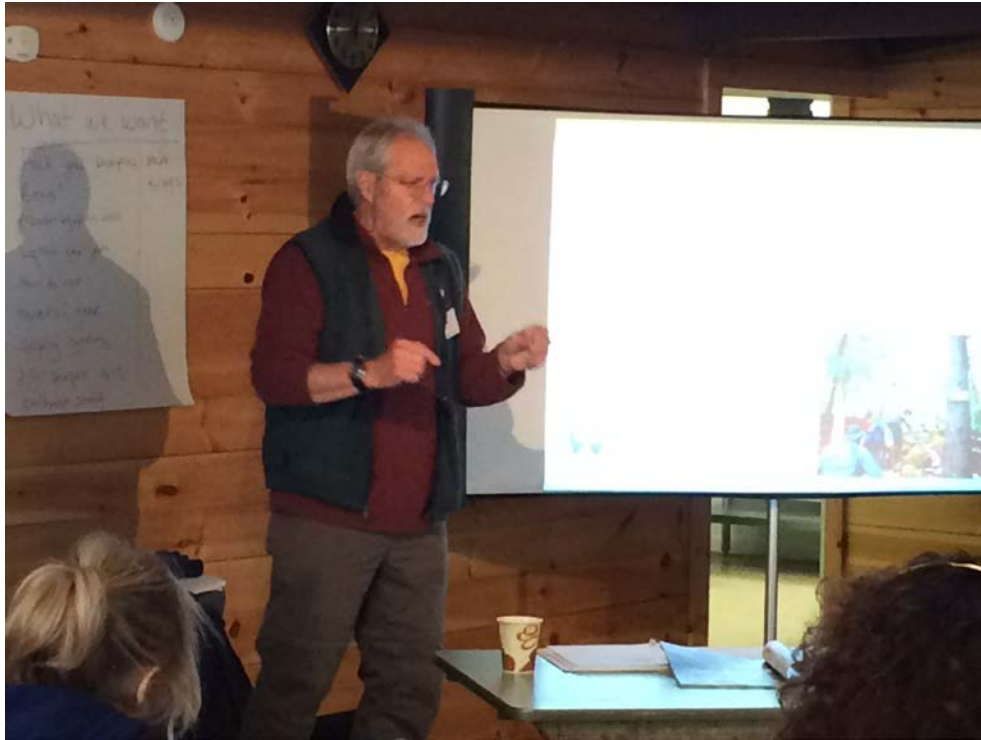


Steve Ciras, 100th Anniversary Chair, and John Judge, President of AMC, getting ready to work! (photo courtesy of Steve Crowe)



Pine Hill Trail, Wachusett Mountain

2017 Worcester Chapter Backpacking Workshop



Want to learn all about backpacking? Join us for an educational, all-day workshop covering everything you need to know for fun and safe backpacking: personal and group gear, tent site selection and set-up, food and nutrition, trip planning, and Leave No Trace principles. Presentations will be given by experienced backpackers who will have their own gear on display for you to see, compare, and ask questions about.

For registration information, contact Joe Massery at ViceChair@AMCWorcester.org, or click [here](#).

Leave No Trace: What's it all about?

by Pete Lane

Leave No Trace Center for Outdoor Ethics actively promotes two concepts:

1. Sharing our public lands
2. Preserving and protecting the outdoors for the future.

This member driven organization teaches people of all ages how to enjoy the outdoors responsibly and is the most widely accepted outdoor ethics program used on public lands. Through relevant and targeted education, research and outreach, the Center ensures the long-term health of our natural world. In its simplest form, Leave No Trace (LNT) is about making good decisions to protect the world around us— the world we enjoy.¹ The mission of Leave No Trace Center for Outdoor Ethics is to protect the outdoors by teaching and inspiring people to enjoy it responsibly.²

Consistent with the mission of the Appalachian Mountain Club (AMC), AMC is a national education partner of the Leave No Trace Center for Outdoor Ethics and has been one of eleven National Providers of the Leave No Trace Master Educator Course since 2000. AMC offers 5-day Master Educator Courses in addition to Awareness workshops and Trainer Courses. LNT principles and information are incorporated into every seasonal staff training, many of the volunteer trainings, and every AMC book and map.

The Leave No Trace Seven Principles are the bedrock of the LNT program. They provide guidance to enjoy our natural world in a sustainable way that minimizes human-created impacts. These principles have been adapted so they can be applied in your backyard as well as your backcountry.³

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimize Campfire Impacts
- Respect Wildlife
- Be Considerate of Other Visitors

Interested in learning more?

- Take the online awareness course at: <https://lnt.org/learn/online-awareness-course>
- Attend a Leave No Trace Trainer course. This is a two day course with overnight. Search on the AMC webpage at activities.outdoors.org/search for Leave No Trace or on Leave No Trace website at <https://lnt.org/learn/courses>.

¹ <https://lnt.org/about>

² <https://lnt.org/about>

³ <https://lnt.org/learn/7-principles>

AMC Honors Stephen Crowe with Volunteer Leadership Award

[Adapted from AMC February 2017 press release]

The Appalachian Mountain Club (AMC) honored Stephen Crowe of Cherry Valley with its Volunteer Leadership Award at the 141st AMC Annual Summit held January 28 in Norwood, Mass. The award recognizes AMC's outstanding volunteer leaders who share their time and expertise in pursuit of AMC's mission.

As Trails Committee Chair of the Worcester Chapter, Crowe has provided ongoing work on a popular trail in Massachusetts's Mount Wachusett State Reservation – the Pine Hill Trail. Notable for its steepness, this trail is also the shortest path to the summit and gets a lot of use. Crowe has developed a strong partnership with the Massachusetts Department of Conservation and Recreation (DCR) and the reservation manager and conducted a series of workdays over many years hardening this trail through advanced rock work. Always on the lookout for trails volunteers, Crowe has organized grip hoist training and signed up the Worcester Chapter as the primary trail adopter for the reservation which is close to the urban centers of Leominster, Fitchburg, and Worcester. He also proposed a chapter fundraising challenge to support renovations at Camp Dodge in New Hampshire, AMC's primary trails skills training center. Crowe's efforts have contributed to the enjoyment and protection of local trails. He has equipped countless volunteers to go out and share their knowledge and passion for trail work in other public land settings. He is a great trail work leader and advocate.

For more information on AMC's volunteer awards, visit www.outdoors.org/volunteers/awards.



Pictured from left to right: AMC President John Judge, Award recipient Stephen Crowe, Board of Directors Chair Rol Fessenden.

First in a series of stories celebrating Worcester Chapter's 100th anniversary.

History Corner: Annual Oyster Stew Hut Party

By Michele Simoneau

The 100th Anniversary of the Worcester Chapter is on November 20, 2018. Harriet Roe, one of the original Worcester Chapter members, kept a journal of chapter activities during the years of 1926 – 1928. As part of the Centennial celebration, I will be transcribing entries from the journals for the chapter newsletter. One of the most popular activities was the annual oyster stew party at the hut. Below is Harriet's account, along with a picture of Dr. Wire in "his own corner" and a picture of some of the attendees, which Harriet was kind enough to identify.

OYSTERS

December 17, 1927

Mr. and Mrs. William H. Beaumont

A Hut party is not quite right without Dr. Wire in his own corner with his own toaster or his own favorite stew.

There are some memories, among our Appie experiences, of real Institutions. Mrs. Beaumont's oyster stew has become one of them. There are the tantalizing whiffs of cooking bivalves. Then the dishes of crackers are set upon the table, crisp and salty. Huge kettles of steaming stew appear amid an uproar, and there is a wild waving of bowls to be filled, everything from measuring cups to figured china. As for dessert, the popcorn balls again present themselves, having been hidden in the rafters. Perfection for a treat on a cold December night!



???	? Ligg	Haha!	Ales!	Woe!	Avant!
	F. & A. Holdsworth	Florence Howel	Olive Anson	Gwin Kent	Margaret Snow
Mrs. Frid Lees	Marion Grant	Grace Gammon			A. Gammon
Marian Adams					John Marion Knowlton
					Robertson Savage
					will Beaumont
					Doris Hamilton
					Alice Marguerite Beaumont
					Endress Harwood
					Alice Thomas
					Morse
Stanley Banfield	George Wire	Arthur Snow	May Rochette		

The Joys of Cycle Touring

By Denny LaForce, AMC Worcester Chapter Cycling Leader

One of life's little joys is the ability to get away for a few days of outdoor recreation. For many in AMC, that means a few days backpacking or in the cockpit of a kayak. For cycle tourists, it's a few days perched on the seat of our bicycles, traveling along at 12 mph on a scenic back road with everything needed strapped to our bicycles.

The Worcester Chapter of the AMC has a strong contingent of cycle tourists who gather together a few times a year for "Mini Tours." These are local two to four day fully loaded bicycle trips usually to a campground in a state park. Much like backpacking, our trips are scaled for beginners to advanced riders. Fully loaded, sometimes called unsupported or self-contained, means we carry everything we need on our bikes.



For the past few years, our Essentials of Touring Seminar (see note below for 2017 seminar date) has been followed a few weeks later with a beginner mini tour starting from North Brookfield to Otter River State Park in Baldwinville and return. Last year, after a quick check of equipment, distributing Que Sheets of the route, and introductions, thirteen of us were off on very scenic country roads. The route was developed by Cycle Touring Leader Bill Mullen to afford a representation of a typical cycle tour but without substantial climbs or excessive mileage. He hit the bull's

eye on every count. The roads selected had from almost none to very minimal traffic. It was far from flat but thankfully lacked the steep climbs that tax the glutes and make your legs burn. To let cars safely pass, we self-separated into two groups to minimize risk. Periodically we would regroup to ascertain everyone was doing well and that there were no problems. Unlike remote backpacking, cell phone communication allows constant contact should a problem arise.

Our lunchtime rest stop was at a little deli/convenience store in Hubbardston center with ice cream for dessert. Just before we reached the campground, we made a quick stop at a Cumberland Farms for any last minute supplies. Finally we reached the campground and a smiling staff of rangers who gave us a group campsite so we could all camp together. As with all AMC gatherings, we spent a pleasant night of conversation around a picnic table until time for sleep.

The second day's forecast was for heavy storms, so we were up early to avoid packing up in rain. We weren't on the road very long before the sprinkles started. Our "Essentials" students had listened well and all had appropriate rain gear. The return route was to the west of the first day's



route and again on little traveled roads.



Upon reaching Route 122 in Barre center, a local restaurant afforded a warming second breakfast after two hours of wet riding. While lingering with a second or third cup of coffee, the rain let up and we hit the road. Our reprieve didn't last long, and during the last few miles the sky opened up with a torrential downpour. The old adage that there isn't bad weather, only bad choices of gear held true. I've never minded riding in the rain all comfy and warm under good rain gear. At the North Brookfield start/finish, we all shook hands, bid farewell, and headed home. Rain or not, it was a most enjoyable ride.

Do you relish noncompetitive, casually paced, "enjoy the scenery" cycling? Have you ever given thought to cycle touring? Would you like to have the resources to pick routes and find places to stay? Interested in a hands on demonstration on how you can use your bicycle for cycle touring, what to pack and how to pack it, and the basic info to get you on the road?

Worcester Chapter touring leaders Colleen McLaughlin and Denny LaForce (with others) will be offering this year's one day seminar on "Cycle Touring Essentials" on Saturday May 6, 2017. For more information, visit: <http://activities.outdoors.org/search/index.cfm/action/details/id/94729&act=2>.

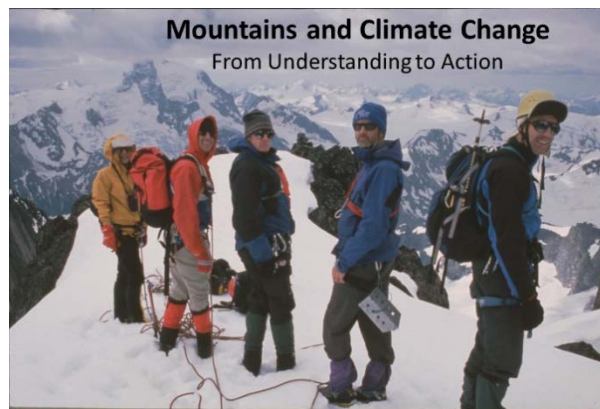


First in a series of articles on energy efficiency and climate change.

Mountains and Climate Change, From Understanding to Action

By Paul Dale, Former Chair, Boston Chapter

I have been a climber, skier and mountaineer for over 40 years and active with the AMC for decades. I have served as vice chair, chair and now former chair of the Boston Chapter. In thinking about what is the most important way in which I can give back to other outdoor enthusiasts and to future generations, including my kids, addressing the problem of climate change is by far the most important. I have spent the last year learning about the options and programs to deal with this challenge and participating in climate change activities. I have dedicated myself to writing a series of articles that I hope will educate you about energy and climate change initiatives in Massachusetts and thus move you from agreeing that climate change is a problem to taking action to deal with it, both personal and political. I want to provide easy to follow guidance on how to be effective in the fight for a better future. The first article lists personal things you can do (other than the standard call to install low wattage light bulbs).



Yuki Fujita, Paul Dale, Tom Carey, Richard Doucette and Tom Boydston
Summit of Pioneer Peak, Northern Adamants, British Columbia. Photo by Chris Dame

10 Things You Can Do About Climate Change

2017 is here with record global warmth and record risk to our national commitment to address climate change. Many of us are frustrated by the feeling that whatever action we take will be insignificant. The problem is so large, how can one person make a difference? Your efforts **will** make a difference, more so than you might think. The US has the 11th largest per capita carbon footprint of 204 countries ranked. Each of us can make a difference.

Here are 10 things you can do:

1. **Watch Leonardo DiCaprio's movie *Before the Flood* (1hr 30min)**
Why? It's eye-opening, informative, entertaining, and available online on YouTube (and it's Leo). Google search for "stream Before the Flood."
2. **Investigate solar for your home** – the investment can pay back in 5 to 7 years.
Why? Solar produces clean electricity right on your rooftop with no pollution.

3. **Join the Green Electricity program at Mass Energy Consumer's Alliance.**
Why? If you cannot go solar, this program ensures your electricity is generated from renewable sources, not fossil fuels. Visit www.massenergy.org/renewable-energy
4. **Eliminate or reduce beef from your diet.**
Why? Livestock production is the leading source of methane emissions, a greenhouse gas 72 times more potent than carbon dioxide, and it takes 1800+ gallons of water to produce one pound of beef.
5. **Avoid packaged or prepared foods that contain palm oil.**
Why? Palm oil is in 40-50% of household products in developed nations like the US. We lose 300 football fields of rainforest per hour clearing land for palm oil production. Forests are a necessary defense against a warming planet.
6. **Drive less.** Perhaps carpooling, biking, mass transit, or walking are options for you.
Why? Transportation is now the largest source of emissions in Massachusetts and across the United States.
7. **When buying your next vehicle, consider only electric or hybrid models.** Massachusetts offers a \$2500 rebate – see <http://mor-ev.org>
Why? Even when factoring in electricity generation, electric vehicles on average produce 70% less pollution than gas vehicles.
8. **Call or meet with your elected officials.** Your legislators have meeting times in your district.
Why? They work for you, but they cannot represent you if they do not hear from you. Find your elected officials at <https://malegislature.gov/Search/FindMyLegislator> Don't be shy. The Massachusetts Sierra Club can help you prepare. Email energyactionbrigade@gmail.com with the subject line "Meet my Legislator."
9. **Get informed and stay informed on environmental issues.** One way is to subscribe to the EnergyActionBrigade@gmail.com by sending a note with "Subscribe" in the subject line.
10. **Talk to your family, friends, and neighbors about these problems and solutions.** Help make climate change a common topic of discussion for Massachusetts residents. State level engagement is critical. Host a viewing party of *Before the Flood* at your local library, school, or function hall. Or, volunteer by sending a message to EnergyActionBrigade@gmail.com with "Volunteer" in the subject line.

Look for future climate change articles focusing on what we can do in Massachusetts. If you don't want to wait, learn about the Renewable Portfolio Standard (RPS). This program requires that a certain percentage of the electricity provided to you is from renewable resources such as wind and solar. Legislative action to strengthen this program is a top priority right now. I'd love to talk with you. Write me at paulbdale@gmail.com or call 617-794-0851.

Appalachian Mountain Club Worcester Chapter

Annual Spring Picnic

Hopkinton State Park

Saturday May 20

10AM to 5PM

Fun For The Whole Family

- BBQ Lunch
- Adult and Family Hikes
- Bike Rides
- Kids Fishing Tourney
- Games
- Paddling

And so much more!

For information, to register, or to volunteer to help, email Joe Massery:

ViceChair@amcworchester.org

**AMC Members
Free**



WORCESTER CHAPTER
YOUR CONNECTION TO THE OUTDOORS

**Non Members
\$5.00/person
\$10.00/family**

Annual Spring Picnic May 20!

With spring right around the corner, make sure to mark your calendar for the Worcester Chapter's legendary Spring Picnic! This year, it will be held on **Saturday, May 20**, at our usual place at the Hopkinton State Park in Hopkinton, Mass. No charge for members (but please register so we'll have an accurate headcount). If you'd like to help us organize the event, or contribute to any of the day-of tasks, email me at the address in the flyer.

Joe Massery
Vice Chair

Teen Trail Crews on Bay Circuit Trail

Do you know a teen who is passionate about conservation?
Cares about making a difference in their community?
Wants to help in our mission to make the outdoors more accessible to all?

Maybe they're not ready to carry heavy packs miles into the backcountry, but they are excited to learn about trail stewardship and construction while enjoying the creature comforts of a frontcountry campground...if so, spread the word about AMC's Bay Circuit Trail Base Camp Teen Crews! Our BCT teen crews work on beautiful forest conservation areas in outer-Boston during the day, and come back each night to a camp with a swimming pond, bathhouse, and canoes!

[Sign up now through the Activities Database.](#)

We'll offer 2 crew weeks this summer:
July: Sun 7/23-Fri 7/28
August: Sun 8/6-Fri 8/11

(<http://activities.outdoors.org/search/?mode=tile&keywords=Bay%20Circuit%201-Week%20Base%20Camp%20Teen%20Trail%20Crew&type=3>)

New AMC Books Spring Release!

New Books:

1. AMC's Mountain Skills Manual: The Essential Hiking and Backpacking Guide: Available in February 2017
2. AMC's Real Trail Meals: Wholesome Recipes for the Backcountry: Available April 2017

Newly Updated Books:

3. White Mountain Guide: AMC's Comprehensive Guide to Hiking Trails in the White Mountain National Forest, 30th Edition: Available mid-May 2017
4. Outdoor Adventures Acadia National Park: Your Guide to the Best Hiking, Biking, and Paddling*: Available mid-April 2017 (*formerly *Discover Acadia National Park*)
5. Quiet Water Maine: AMC's Canoe and Kayak Guide to the Best Ponds, Lakes, and Easy Rivers, 3rd Edition: Available late April 2017
6. AMC's Best Day Hikes in the Catskills and Hudson Valley, 3rd Edition: Four-Season Guide to 60 of the Best Trails, from the Hudson Valley to Albany: Available mid-February 2017

7. AMC's Best Day Hikes near Washington D.C., 2nd Edition: Four-Season Guide to 50 of the Best Trails in Maryland, Virginia, and the Nation's Capital: Available mid-March 2017
8. AMC's Best Day Hikes near Boston, 3rd Edition: Four-Season Guide to 60 of the Best Trails in Eastern Massachusetts: Available late March 2017

Newly Updated Maps:

9. White Mountain National Forest Map & Guide, 3rd Edition: Available mid-May 2017
10. White Mountain National Forest Trail Maps: Presidential Range, Franconia–Pemigewasset, Crawford Notch–Sandwich Range and Moosilauke–Kinsman, Carter Range–Evans Notch and North Country–Mahoosuc: Available March 2017
11. Acadia National Park Map, 4th Edition: Available mid-April 2017

2017 Volunteer Vacation and Teen Trail Programs

Date	Crew Name-Adult Volunteer Vacations FMI:http://www.outdoors.org/volunteer/trails/volunteer-vacations.cfm	Total Spaces	Fee
February 18-25, 2017	Virgin Islands National Park Volunteer Vacation	12	\$450/\$495
March 11-18, 2017	So. California Pacific Crest Trail Crew Volunteer Vacation	10	\$450/\$495
May 21-26, 2017	Lonesome Lake Hut Adult Trail Crew Volunteer Vacation	9	\$385/\$425
June 18-23, 2017	Harriman Outdoor Center Adult Volunteer Vacation	9	\$385/\$425
June 25-30, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 2-7, 2017	Not Your Parents Trail Crew! U-30	9	\$310/\$340
July 9-14, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 16-21, 2017	<u>White Mountain Women's Spike Trail Crew</u>	9	\$310/\$340
July 23-28, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 30-August 4, 2017	White Mountain Adult Spike Trail Crew	9	\$310/\$340

Click on the links below for exciting news from AMC:

Press Release: AMC Sets Opening Date for Medawisla

Link: <http://www.outdoors.org/articles/newsroom/appalachian-mountain-club-sets-opening-date-for-new-medawisla-wilderness-lodge-in-maines-moosehead-lake-region-medawisla-lodge-and-cabins-to-open-july-1/>

Press Release: Popular Forestlands Permanently Conserved for People and Wildlife (Maine Woods)

Link: <http://www.outdoors.org/articles/newsroom/popular-forestlands-permanently-conserved-for-people-and-wildlife/>
